

Press release



Cancer protection supported by UV exposure

Veldhoven, 23rd September 2009 (SRF) – Regular, moderate UV exposure contributes to protection against breast, prostate and colorectal cancer (colon and rectal cancer) as well as non Hodgkin's lymphoma (one of two forms of lymph node cancers). A team of Dutch scientists led by Han von der Rhee from the Haager clinic group „Hagaziekenhuis“ and the University of Rotterdam came to this conclusion in a study that has now been published in the specialist magazine „European Journal of Cancer Prevention“. In their article von der Rhee and his colleagues also refer to the fact that the public perception of the effects of UV exposure is lagging behind the current scientific knowledge. „The work of the Dutch researchers shows once again that UV exposure has a positive influence on human health. The potential risks connected with overexposure are well known to the general public. On the other hand the health promoting aspects of moderate UV exposure outdoors or under a sunbed regularly receive too little exposure in information available to the public“, explains Ad Brand from Sunlight Research Forum (SRF).

For his study the Dutch research team systematically reviewed and assessed the currently available scientific findings, which are dedicated to the link between UV exposure and internal cancers.

The Sunlight Research Forum (SRF) is a non profit organisation with the HQ in the Netherlands. It is their goal to make the newest medical and scientific knowledge available to the general public about the effects of moderate UV radiation on people.

Please note:

The complete article “van der Rhee, Han; Coebergh, Jan Willem; de Vries, Esther: Sunlight, Vitamin D and the Prevention of Cancer: A Systematic Review of Epidemiological Studies; in: European Journal of Cancer Prevention” is also available on the SRF-website www.sunlightresearchforum.eu for download.

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